



## Warm Weather is Here! Hats & Sunscreen

Once again the warm Georgia weather has begun. Please apply sunscreen to your child at home in the morning; it will be re-applied in the afternoon as necessary. We will be spending as much time outside as possible. We will take trips to the “Urban Farm”, Brownwood Park, and long walks through the neighborhood. Everyone in the class has become very mobile and field trips give them a chance to get out and explore different terrains, as well as stretch those growing legs. These field trips give us the space to experience nature more vastly in its fresh spring phase and allows us more opportunities to practice climbing and walking.

March 2016

Canary News

### Reminders:

\*Parents please be mindful of the amount of diapers and extra clothes that are in your child’s cubby and/or bag.

\*Sign IN and OUT everyday.

\*Wash hands when you bring your child to school.

**SCHOOL IS CLOSED  
FRIDAY so teachers can  
attend a Professional  
Development Day (3-18-**

### Biting / Exploration

Children are always in a state of exploration. One of the first and most important ways that this happens is through their mouths, which is why everything goes in their mouths. The children are at a stage in their development in which everything is “MINE”, and they want what everyone has. They also all enjoy being in each other’s space. These circumstances can become overwhelming for the babies. Toddlers may bite to express anger or frustration or because they lack the language skills needed to express their feelings. Some children bite instinctively because they have not developed self-control, or empathy. Biting is a natural occurrence that happens from about 10 months until about 2 years old. If a child in our classroom has bitten someone, we first comfort the child that was bitten, then tell the other child, “Biting HURTS!” We will often give the child who bit a teething ring and let him/her know that this is something they *can* bite. In addition, incident reports are written for not only the child who got bitten but also the child who bit. That allows us to track who is getting bitten and to see if there is a pattern to his/her behavior.

Here is a link to an article that we collectively found very helpful in dealing with biting.

<http://www.janetlansbury.com/2012/09/biting-hitting-kicking-and-other-challenging-toddler-behavior/>

<http://ecap.crc.illinois.edu/poptopics/biting.html>

