

## Continuing Our Exploration of Ballet & Expressive Movement

April 28th, 2016

We began our session with a group warm-up of pliés, tendus, relevés, stretches, turns & jumps. After our preparing our bodies for movement, Kalei played "Stars & Stripes" & "Swan Lake" on the curtain while children observed, clapped, & danced individually & cooperatively. As the children become more familiar with the art form, they have begun to emulate not only the specific steps of the dancers, but also the organization of the choreography. Emerson would often offer directions like "Two lines now!" or "Make a circle!"

