



## Menu - August 11 - August 15

	<b>Monday August 11</b>	<b>Tuesday August 12</b>	<b>Wednesday August 13</b>	<b>Thursday August 14</b>	<b>Friday August 15</b>
<b>Morning Snack</b>	Cereal bars Craisins Water	Scrambled eggs Orange slices Water	Applesauce muffins String cheese Water	Cheese grits Cantaloupe Water	Roasted chick peas Sliced plums Water
<b>Lunch</b>	Spaghetti with tomato sauce Tossed green salad Pear slices Milk	Corn chowder Toasted parmesan bead Cantaloupe Milk	Black bean and corn salad Cheese quesadilla Mango slices Milk	Sesame noodles Edamame Roasted carrots Milk	Tomato basil quiche Strawberry spinach salad Milk
<b>Afternoon Snack</b>	Toasted pita bread Goat cheese Apple Slices Water	Chex Trail Mix Raisins Water	Sunbutter and wheat crackers Water	Pretzels String cheese Water	Goldfish crackers Banana chips Water